

SPORT RATES & OPENING HOURS Summer 1 may 2021 - 31 oct 2021

GYM, FITNESS & SPORTS BOOKING

GYM - Opening hours 07:00 - 20:00 (siesta 13-15)	free
SPORTS BOOKING - Opening hours 08:00 - 19:00	
Group sessions, Fitness classes See sports & activity program	free
Personal Training (on request)	€ 50/h

TENNIS / PADEL

Tennis and Padel - Social and tuition (1 h / day)	free
Rent of Padel court + rackets	€ 20 / h (4 pers)
Rent of Tennis court + rackets	Free
Private Tennis coach	€ 35/ h
Private Padel coach (1 or 2 pers)	€ 35/50 h

Tennis and Padel, pre book in Sports booking. Rackets and balls included in rental. Courts must be pre booked.

BIKE RENTAL Road bike, MTB, Gravel, Hybrid brand: Boardman

Road SLR 8.9 x 31 , **MTB** MHT x 6 x 25, **Gravel** ADV 8.9 x 6, Hybrid HYB 8.8 x 6

Sizes: (48, 51, 52, 54, 56, 58, 61)

Half day (join excursion or social ride) Mountain bikes/Road Bikes/Gravel bikes on an hourly/daily basis to free ride on	free
Premium Road Bike 1 day Boardman SLR 9.2 x 14 (subject to availability)	€ 30/£ 25
Premium Road Bike 6 days Boardman SLR 9.2 x 14 (subject to availability)	€ 105/£ 95

Pedals (SPD and flats) and helmet included in rent. Bring your own shoes and water bottle.

WATERSPORTS

Stand up Paddle board and Kayak rental	free
Waterski/Wakeboard Pack (3x 10 min)	€ 58/£50
Waterski/Wakesurf/Wakeboard Pack (6 x 15 min) For those that want to commit time to Water skiing and Wakeboarding during their holiday = 6 x 15 min tows	€ 173/£150
Individual waterski tows (1 x 15 Min)	€ 30/£ 25

Pre book in sports booking

WOD BOX (X-FIT INCL. MATERIAL)

Training in box on scheduled hours	free
Private use and material for one hour (subject to availability)	€ 40/h

Pre book in sports booking

SPINNING AREA

Indoor cycling / Spinning (scheduled hours on sports program)	free
One hour private use with music and 15 bikes (on request, subject to availability)	€ 25

Pre book in sports booking